

# RLC

RIVERSIDE LEARNING CENTER

A Systems Approach to Making Schools HUMANE!

Newsletter  
Jan - Feb 2023 Edition

## A few tips to be kind to yourself

### What can teachers do?

While you all lovely teachers would be incorporating the 'I CAN' attitude to inspire your students. Here are a few tips to stay kind to yourself:

- Because **your smile** can make someone's day...  
Greet the students with your 'contagious' and fill their day with positivity and warmth
- Start your day with a few minutes of **mindful breathing** or a good walk in the fresh air.
- Prioritise and delegate whenever needed for **effective time management**. Break down BIG tasks into small doable actions.
- Invest in your team. Find your person with whom you can **share** your goals, aspirations, ideas and grievances too.
- Don't shy away from **asking for help**. It's actually one of the **bravest** things you can do. Our children too need to learn that they are not alone and there's absolutely no need to struggle in silence. Let's show our children that they are reliant on a village. Time to **role model 'finding our ally'**.
- Take time to **appreciate** a co-teacher - We all can find flaws around us, but it takes conscious efforts to find strengths in others.
- Set aside time for Congenials every week - The '**Congenial Meets**' a process at Riverside has been designed to intentionally foster a sense of community and collegiality amongst the team.
- **Mental peace** at home and work is as important as the work itself. If you are facing issues, talk to someone close, someone you feel **safe** with or a therapist to attain the peace you require.

## Happydings

Training | School Tours | Immersions

### *Kiran speaks on Innovation in Education at National Independent Schools Association*



Kiran Bir Sethi was invited to speak on innovation in education at the Manthan Conference organised by NISA (National Independent Schools Association) at Chandigarh, Haryana on 19th Feb, 2023. The Hon'ble Education Minister of Haryana expressed his interest in sending a team of educators to visit Riverside school to understand its teaching approach.

## Two day immersion programme conducted for 11 entrepreneurs and 5 The Circle India team members



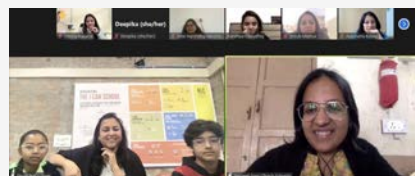
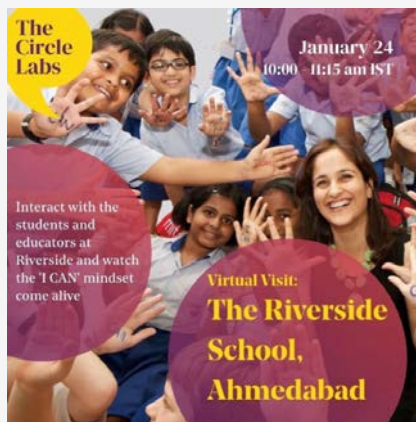
The Circle India recently underwent a two-day immersion programme at Riverside School, aimed at familiarising them with the Riverside school's ecosystem, including its philosophy, culture, and teaching methods centered around the value based - Both/And curriculum model.

The immersion programme included various activities such as workshops, classroom observations, and consultations, providing participants with an insight into the best practices. The aim of the programme was to inspire the participants to bring about positive change in their own school ecosystems.

## *The Circle India's virtual sneak-peek into the 'I CAN' Mindset*

On 24th January, The Riverside School hosted The Circle Labs for a virtual school visit to learn more about student agency, choice and voice, and how the students are at the center of the curriculum.

Meher, Grade 5 student, and Uzair, Grade 8 student, facilitated the virtual tour for more than 50 participants from different parts of India. The participants had a meaningful interaction with the students, teachers, and space. The students also conducted a collective Q&A on different teaching methods and processes that are consciously designed to develop content and character in the students.



## *I CAN Visionary Schools | Training*

### **Training | Teachers and Leaders**

The I CAN Visionary School Hyderabad cluster training was conducted online by RLC in collaboration with Metamorphosis & Learn and Inspire.

Teachers and leaders learnt about the Zero Period process - which by design teaches how to reflect and grow. The teachers also participated in Spark Plugs and Month End Celebration workshops to understand peer learning among students and teachers.



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## *Schools visit to get inspired by the 'I CAN' culture*

Six school visits were organised at the Riverside School in the months of January and February. Around 44 educators from Aurangabad, Delhi, Vapi, Pune, Bangalore, Shimla, Rajasthan, Mumbai, Ahmedabad and other cities participated in the physical tours. The specially curated immersions included school tour, classroom observation, stakeholder meeting, etc. for the educators to experience the I CAN Culture at the Riverside School.



### Catalysing the Transition Journey for Pearls Academy

Pearls Academy in Aurangabad is transitioning from CBSE board to IB board. A team of 5 members from the academy visited Riverside School for an immersion to learn about the affiliated board at Riverside School and to get a deeper understanding of the curriculum and its implications.



### A visit by two member team of Atharva Public School, Vapi

Two members of Atharva Public School visited Riverside for understanding transformative processes. They noticed the 4 R's - Relationship, Relevance, Rigour and Reflection through various teacher and student practices.



### Mind Mingle participants mingled for a deeper understanding of student learning

Sixteen members from the Mind Mingle platform joined us for an overview of Project Based Learning. These members came from Heritage Group of Schools, Delhi and Aryan World Schools (Pune, Bhilarewadi and Manali Nagar branch). They were excited to learn about developing student agency and including empathy by working in real life scenarios with different social and non profit organisations.

### Student visits



Sixteen students from CEPT University, Ahmedabad visited to immerse themselves in the engaging architecture of the school as a part of their architectural design studio project.



Ms. Ishani, Student, Anant National University, Ahmedabad, visited Riverside to understand how the school approaches digital safety in early years.



A student from Anant National University, Ahmedabad visited to understand how the school approaches digital safety in early years.

## Our Partners Speak



**Jindal Vidhya Mandir Schools**  
GROUP OF 8 JSW SCHOOLS, PAN  
INDIA

CBSE Board Schools  
40 Teachers | 12 Leaders | 14000  
Children | PRE-K to Grade 12

*"RLC training has strengthened my confidence level and patience with which I am interacting with my kids to ensure the overall development of them. It has streamlined my planning, documentation and sharing process."*

**Vijayalaxmi RV**  
Head Mistress, JVM Vidyanagar, India

## We are GLOBAL!



9 countries | 55 schools | 177  
leaders

340 teachers | 40,000 students

Want to become an  
**I CAN Early Learning Center**  
[Click here](#)

[Website](#) [Instagram](#) [Facebook](#)



If you are a school or a startup who believe that children need to get a right start to their learning journey, building the strongest foundation on which the rest of their education will rest on - to eventually graduate as empowered, responsible, empathetic citizens of the world, then join us.

Riverside Learning Center (RLC), the research and training arm of The Riverside School, has recently launched the I CAN Early Learning Center Franchise Model - a thoughtfully designed Early Years programme based on Play, Inquiry and Skills, that takes inspiration from the proven practices of Riverside School's globally recognised I CAN approach to learning.

RLC is offering franchise partnerships to like-minded school-leaders, entrepreneurs and educators who believe in this vision for children. Please connect with us to know more.

To become an  
**I CAN SCHOOL**

[Click here](#)

“I want my children to understand the world, but not just because the world is fascinating and the human mind is curious. I want them to understand it so that they will be positioned to make it a better place”

- Howard Gardner