



RIVERSIDE LEARNING CENTER

**PERSONAL AND PROFESSIONAL
DEVELOPMENT PILLAR**

CONGENIAL MEETS: IDEAS

TIME-TABLING FOR **COMMUNITY** – AN INVITATION TO BOND AS A GROUP



ICE BREAKERS

Fun Ice Breaker Questions for a Meeting

- <https://www.thebalancecareers.com/fun-ice-breaker-questions-1918413>

Scavenger Hunt

- <https://www.thoughtco.com/icebreaker-activity-7890>

Five things

- <https://blog.vantagecircle.com/ice-breaker-games-for-work/>

List of Ice breakers

- <https://www.maryville.edu/cse/wp-content/uploads/sites/62/2016/09/Icebreakers-Team-Builders.pdf>

Aluminium Foil Sculpture

- <https://bizfluent.com/ice-breakers-motivational-ideas-6462.html>

The Ball Game

- <https://www.thoughtco.com/icebreaker-game-the-ball-game-466612>

TRUST

Back to back drawing

- <https://www.youtube.com/watch?v=MT0tq5Ax9kl>
- <https://ventureteambuilding.co.uk/back-to-back-drawing/#.Yd5QEmgzZPY>

The Perfect Square

- <https://ventureteambuilding.co.uk/perfect-square-team-building-activity/#.Yd5WgGhBxPY>

Mine Field

- <https://guideinc.org/2016/07/12/team-building-activity-mine-field/>

COMMUNICATION

One-syllable mystery

https://pumble.com/learn/communication/communication-team-building-activities/#One-syllable_mystery

Secret agenda

https://pumble.com/learn/communication/communication-team-building-activities/#One-syllable_mystery

TEAM WORK/ COLLABORATION

Egg Drop

- <https://www.freshtracks.co.uk/free-team-building/free-team-building-activity-egg-drop/>

The Barter Puzzle

- <https://hr.lib.byu.edu/00000179-144e-d8b8-a1fd-545ebbca0000/the-barter-puzzle#:~:text=a.,team%2C%20a%20merger%2C%20etc.>

Paper Chain Game

- Way 1 - <https://www.youtube.com/watch?v=1JBJ7zBNCgY>
- Way 2 - <https://resourcecentre.savethechildren.net/pdf/arc-modf4-4-e5-2009.pdf/>

Straw Challenge

- <https://guideinc.org/2014/10/08/team-building-activity-straw-challenge/>

Spot the difference

- <https://www.indeed.com/career-advice/career-development/fun-leadership-games-for-skill-development>

PROBLEM SOLVING

Traffic Jam

- https://brilliantpathways.org/wp-content/uploads/2019/04/traffic_jam_teamwork.pdf
- https://www.youtube.com/watch?v=74FERM9_Xmw

Magic Cane (Helium Stick Fall)

- <https://toggl.com/track/team-building-games/>
- <https://www.youtube.com/watch?v=iWAlOfnhCKI&t=111s>

Tallest tower

- <https://www.indeed.com/career-advice/career-development/fun-leadership-games-for-skill-development>