



# CONGENIAL MEETS: SAMPLE 2

*TIME-TABLING FOR COMMUNITY* – AN INVITATION TO BOND AS A GROUP

## EXAMPLE – TIGHTENING TOWER

### OBJECTIVE

To help participants understand the need for **collaboration, equal participation and strategizing** through the journey to reach a desired goal.

**SPACE** – Any open floored space / Gazebo Setting / Hall

### MATERIALS

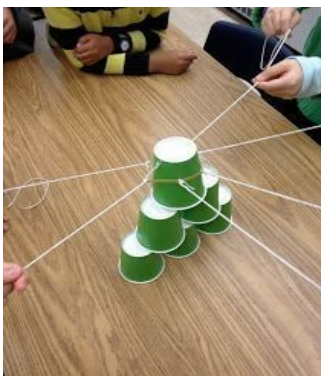
- Paper/ Plastic Cups (per group 10-15 pieces, group size-5)
- Big Rubber Bands (1-2 per group)
- Medium Size cotton thread (should be thick for better strength), wool

**TIME REQUIRED** – 30 Minutes

**SET UP** – A flat surface for the teams to be able to build a stable tower.

### ACTIVITY

1. Make groups of 5/6 people. Give each group one rubber band which is tied with strings equal to number of participants i.e. 6 people=6 strings and six rubber bands. Each team will have a total of 15 cups that they can try to build with.
2. **Instructions:** The individual groups are required to build a pyramid out of the given cups without touching them. In order to expand and contract use the rubber band and the connected strings in order to get hold of the cup. Teams will have 15 minutes to build the tallest tower possible.
3. In case the tower falls down the cups, go back in the original position where they need to be lifted again. Even if an individual cup falls as you are attempting to put it, the facilitator will put that cup back in the original position and you will need to start again.



### ***FACILITATOR'S ROLE***

#### **Before the activity**

- Tie all strings to the rubber band.
- Keep the cups ready.

#### **During the activity**

- Keep moving around to ensure all the groups are playing as per the instructions given. It is critical that the groups do not touch the cups ever!

#### **Closing the Loop**

Prompts for discussion with the participants, post the activity:

- What made this task difficult? What were the challenges you faced within your group?
- How did you communicate as a group? Who took the lead and at what moments?
- What strategies worked? (Put the question to the winning team and then the other teams)
- Why do you think we started the day today with this activity? (If they are not able to answer then you can go to the next questions – ‘how could you connect this to Parent Partnership?’)