

# CONGLOM: POSSIBLE THEMES

TIMETABLING FOR RELATIONSHIPS

## GENERIC THEMES

- Playing a team building sport or game.
- Storytelling with some purpose or can be for pleasure
- Student-led Conglom/skill sharing – e.g., Demonstrating skills (guitar playing, singing, dance, art, presentation).
- Presenting and sharing about new technological ideas – Can be student led too
- Inspirational Congloms through videos followed by reflective and awareness building dialogue
- Current affairs - elections, Olympics, etc.
- Self and Peer awareness for character
- Videos to develop the sense of gratitude, respect, love
- Immersive experience followed by a dialogue. e.g., students and teachers walk barefoot and without a sweater for a certain distance in the cold, to help build a sense of empathy.
- Students share with teacher and each other- “What I did over the weekend”.
- Sharing information from a newspaper article.
- How I feel about my parents / friends.
- Sharing experiences from a school trip.
- Awareness about the environmental and global issues.

(Cont'd)

## **EXAMPLES OF THEMES USING THE 5 INVESTMENTS**

### **A. *COGNITIVE INVESTMENT:***

- Current affairs (video / ppt or an article)
- People and places (culture of a place)
- Some significant event in history (connected to the calendar)
- Science based (amazing facts / inventions / latest technology)

### **B. *SOCIAL AND EMOTIONAL INVESTMENT:***

- Team games
- Appreciate / thank / apologies
- Self and Peer awareness reflection exercises
- Communication games
- Social experiments

### **C. *PHYSICAL INVESTMENT:***

- Playing sports and games which involves physical activity; and with a purpose

### **D. *SPIRITUAL INVESTMENT :***

- Inspirational stories – I Can / Chicken Soup for the soul
- Experiences to develop gratitude (hunger/disability, etc.)
- Building awareness and perspective via dialogue and videos on World issues (such as war or violence in parts of the world; poverty; empathy for everyone around)