



SUPPORT TEAM WELLBEING : STRIVE & THRIVE CALENDAR

EVERY MEMBER OF THE TEAM **STRIVES** PROFESSIONALLY AND **THRIVES** AS A PERSON

STRIVE & THRIVE CALENDAR : 2017 – 2018		
MONTH	STRIVE	THRIVE
June	One-on-One meetings with support team	Fortnightly meeting of transport team with School Director and Administrator
July	Road safety workshop for transport team	Fortnightly meeting of transport team with School Director and Administrator Meeting support team with the leaders and admin team to check on their personal and family well-being. Understand their aspirations and challenges.
August	Visit to CEPT (Centre for Environmental Planning and Technology) to observe & learn house-keeping standards Workshop of 3D printing for key chain making (ladies team) Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.	Health check-up for transport and support team
September	First Aid Workshop 'Home visit' at the homes of Transport Team by student and admin representatives Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.	Teachers Day celebration Workshop on Music and meditation by Tara Ma'am (Expert and Master Trainer)
October	Fire Safety workshop for whole team Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.	Movie time followed by lunch
November	Workshop on Robot making for transport team Workshop on Jewellery Making Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.	Grade-8 students playing games with support team such as board games, antakshari (singing competition) etc. Workshop on Health and Mind for whole team

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December	<p>Orientation session for sharing house-keeping tips during this eventful month☺</p> <p>Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.</p>	Grade-8 students playing games with support team
January	<p>Founders' Day celebration</p> <p>Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.</p>	<p>Annual Retreat with whole team</p> <p>Grade-8 Students playing games with support team</p>
February	<p>Community service at Sewa Café with support team</p> <p>Monthly (school leaders) & fortnightly (admin team) review meeting with the support team.</p>	<p>Planning of Strive & Thrive calendar for 2018-'19 –</p> <p>Reflection and suggestions (Going back to go forward)</p>
March		Annual Review Meeting with the team.
April	<p>1 week personal & professional development sessions after students break for vacations</p> <p>Day 1: (2 hours) Gandhi Ashram visit followed by a session of playing games</p> <p>Day 2: Went to the traffic park followed by snack-time together</p> <p>Day 3: Movie time and lunch together</p> <p>Day 4: Workshop with expert for mental and Physical well-being</p> <p>Day 5: Cooking challenge (Team Building exercise)</p> <p>Team to be divided into 2 groups and assigned the budget for the cooking challenge with a time limit of 4 hours. The participants had to engage in an activity of cooking a full meal for the entire group within the assigned budget and time.</p>	

(Cont.)



STRIVE & THRIVE CALENDAR : 2017 - 2018

Board Work of Annual Review Session : 2017 - 2018

Going Back to Go forward Support staff well-being Calendar	
Strive	Thrive
Sewa Gfe - Enjoyed (once in a year)	Gulmohar (Retreat) - Enjoy - - Every year (2 times)
CEPT University - Enjoyed (once in a year)	Games with Grade-8 - Enjoy + Continue
Rashan bentock workshop - Enjoyed	Workshop - Gynee, Health + Nutrition, Jewellery, Gaurav, Muzammel (3D printing) Yoga & Physiotherapy,
Conglom + Participation	Grooming workshop - Enjoyed
Gratitude by students	
Third teacher	
Visit with students	

Brain-storming for 2018-'19

2018-19	
Retreat (out of station)	School visit
Grade-8 continue	Art workshop
Conglom	
Workshop - New Skills, Best out of Waste, Bank operation, Handicraft (Sewa people)	
English writing	
Housekeeping	
Air travel	